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## Matrix Reimprinting Using EFT: Rewrite Your Past, Transform Your Future

By Karl Dawson, Sasha Allenby

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Matrix Reimprinting Using EFT: Rewrite Your Past, Transform Your Future, Karl Dawson, Sasha Allenby, Matrix Reimprinting is a completely new personal development technique that dramatically improves health and wellbeing by allowing you to access and transform painful memories that may be holding you trapped in the past. It was developed from the popular self-help technique EFT, a meridian tapping therapy that has shown outstanding results with both physical and emotional issues. Matrix Reimprinting advances EFT by incorporating all the latest developments in the New Sciences and quantum physics. This technique can be self-taught and can help you to overcome a variety of health and emotional challenges, including negative beliefs, addictions, phobias and traumas, allergies, relationship issues and many more. Whether you are brand new to EFT and Matrix Reimprinting or are a seasoned practitioner, this book contains a wealth of techniques and protocols that you can use on yourself, your family, your friends or your clients.



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